

COLLECTION FOR URINE CULTURE

Procedure : MIC-IPAS-001

Version: 005

Status: Active

1. Sample collection

- The collection should ideally be the first urine of the day or should be done more than 4 hours after the last urination.
- After washing your hands, wash your genital region with soap and rinse with water.
- Open the sterile container, making sure not to touch the inside with your fingers.
- Pull back the foreskin or open the outer lips of the vagina with one hand and start urinating, letting the first millilitres of urine fall into the toilet.
- Then collect at least 5 mL of urine (if possible, more than 30 mL and less than 60 mL to avoid over-filling the container).
- Finish urinating in the toilet.
- Close the container tightly to prevent leaking, making sure not to touch the inside of the container.
- On the container, write your name, file number and the date and time of the collection. Then place the container in a Ziploc bag.

2. Storage

- Keep the sample **in the fridge** until transportation.

3. Transportation

- Bring the sample, accompanied by the requisition form duly completed, to the laboratory reception (SBA-31), **as soon as possible**.
- Maximum timeframe: 18 hours after the collection, if refrigerated.
- For better storage, keep the sample **cool** during transportation, in a cooler with an ice pack.

4. For more information

- Contact the laboratory reception at 450-759-8222, ext. 2606 (business days, 8 a.m. to 4 p.m.).

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