

SPUTUM COLLECTION FOR MICROBIOLOGICAL CULTURE ANALYSIS

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1. Sample collection

- After rinsing your mouth with tap water, spit into the sterile large-neck container provided by the laboratory.
- Make sure not to spit saliva or nasal secretions. This will make the collection unusable.
- Close the container tightly to prevent it from leaking, making sure not to touch the inside of the container.
- On the container, write your name, file number and the date and time of the collection. Then place the container in a Ziploc bag.
- The best time to collect the sample is in the morning, before breakfast.

2. Storage

- This type of sample **is very difficult to store**.
- Keep the sample **in the refrigerator** until transporting it to the laboratory reception (SBA-31), **as soon as possible**.

3. Transportation

- Bring in the sample, accompanied by the requisition form duly completed, to the laboratory reception (SBA-31), **as soon as possible** (ideally within two hours of collection).
- Maximum timeframe: 12 hours after the collection, if refrigerated.
- For better storage, keep the sample **cool** during transportation, in a cooler with an ice pack.

4. For more information

- Contact the laboratory reception at 450-759-8222, ext. 2606 (business hours, 8 a.m. to 4 p.m.).

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