


<p>Centre intégré de santé et de services sociaux de Lanaudière</p> <p>Québec </p>	<p>Medical Biology Pre-Analysis Procedures Manual Instructions for the patient</p>	<p>Laboratory</p>
<p>SAMPLE COLLECTION FOR CALPROTECTIN SCREENING</p>		
<p>Procedure no.: BIO-IPA-012</p>	<p>Version: 001</p>	<p>Status: Active</p>

In the kit:

- Instruction sheet
- Sample container (urine container)
- Tissue paper
- Medical gloves
- Plastic utensil
- Biohazard plastic bags with absorbent paper

Sample collection

*** Continue to take your medications as usual.

1. It is recommended that you collect the first stool in the morning.
2. Before collecting the stool, **clearly write** your last name, first name, health insurance number and the date and time of the sample collection on the label **of the container.**
3. Unfold the tissue paper included in the kit.
4. Place it directly on the clean water in the centre of the toilet bowl.
5. It is also possible to place the paper on an aluminium, plastic or Styrofoam plate that will be thrown out after the sample collection.
6. Defecate directly on the paper.
7. Using a plastic spoon, take a piece of the stool and place it in the container. A sample the size of a sugar cube is sufficient for the analysis.
8. Close the container.
9. Once the sample has been collected and placed in the sample container, flush the paper, which is biodegradable, down the toilet.
10. Wash your hands.
11. Place the sample container in the plastic bag containing the absorbent paper.
12. Attach the requisition after making sure that it is **clearly identified** with your name and the full name of your physician as well as his or her practice number.

Storage

- Store the sample in the refrigerator (4°C) for a maximum of 24 hours.
- Do not freeze it.

Transportation

Bring the sample and the requisition duly completed to the CLSC or the laboratory reception (SBA-31) as soon as possible, **from Monday to Wednesday only.**

For the CLSC

Bring the sample to the CLSC's test centre before 10 a.m., Monday to Wednesday.

For the laboratory reception (at the CHDL):

Bring the sample to the laboratory reception between 8 a.m. and 4 p.m., Monday to Wednesday.

For more information

- Contact the laboratory reception at 450-759-8222, ext. 2606 (business days, 8 a.m. to 4 p.m.).

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