

DIET REQUIRED FOR 24-HOUR 5HIAA URINE COLLECTION

Procedure no.: BIO-IPA-006

Version: 003

Status: Active

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1.0 General instructions

1.1 The diet must be followed correctly.

1.2 Failure to follow the diet correctly will compromise the validity of your results.

2.0 During the 48 hours leading up to and during the 24-hour urine collection:

2.1 **Do not eat:** tomatoes, including tomato juice and tomato sauce (V8, ketchup, tomato soup, tomato paste), avocados, bananas, plantains, plums, nuts, pineapples and pineapple juice, kiwis and eggplants.

2.2 **Do not take the following medications and only following approval by your prescribing physician:** Cough syrups containing: glyceryl guaiacolate/guainefenesin (e.g., Robitussin, Dayquil, Balminil, Benylin, etc.)

Acetaminophen (e.g., Tylenol, Atasol, Tempra, etc.)

Naproxen (e.g., Aleve, Naprosyn, Naprox, Anaprox, Naprelan, etc.)

Levodopa (e.g., Sinemet, Prolopa, Stalevo)

Phenothiazines or other antipsychotics

3.0 Carefully follow the procedure for 24-hour urine collection, which is clearly outlined on the other information sheet we gave you.

Important

The container contains a potentially hazardous preservative. Avoid direct contact or splashing and keep it out of the reach of children.

For more information

Contact the laboratory reception at 450-759-8222, ext. 2606.

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