

GESTATIONAL DIABETES SCREENING TEST

Procedure no.: BIO-IPA-005

Version: 002

Status: Active

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1.0 General instructions

1.1 For pregnant women, this test is used to screen for gestational diabetes. Your participation is essential to the success of this test. Failure to follow the instructions below could produce misleading results, requiring you to repeat the test.

1.2 Before the test, you must:

1.2.1 Obtain a prescription from your physician.

1.2.2 Present this prescription to your pharmacist to obtain a glucose solution bottle containing 50 g of glucose (dextrose).

1.2.3 Do not change your regular diet in the days leading up to the test (do not follow a hypocaloric diet).

1.2.4 **You do not need to fast before this test.**

1.3 The morning of the test, you must:

1.3.1 Go to the test centre.

1.3.2 Bring the glucose solution bottle with you.

2.0 Sample collection

2.1 It is very important that:

2.1.1 **You remain seated for the duration of the test.**

2.1.2 **You do not smoke.**

2.2 What happens during the test?

2.2.1 You will drink your glucose solution.

2.2.2 A blood test will be done one hour after ingesting the glucose solution.

3.0 For more information

Contact the laboratory reception at 450-759-8222, ext. 2606

4.0 Person(s) in charge

Dr. John Westerlund, MD 2014-10-07

Biochemist